



# Lakewood Park Christian School Staff Quarantine Guidelines

\*Revised on 12/4/2020

The following is a document to outline Lakewood's implementation of the Indiana State Health Department's guideline for Critical Infrastructure Workers and CDC quarantine recommendations during the 2020-21 school year. We will continue to update this document as more information becomes available. Our plan is to re-evaluate during the school year and make any necessary adjustments.

**Critical Infrastructure Workers are defined as workers who support the education of preschool and K-12 students, workers who support the administration of school systems, and workers who provide necessary support to educators and students.**

**All employees are required to self-screen for COVID-19 symptoms before coming to school.**

- Fever of 100.0 or greater
- New & uncontrollable cough that causes shortness of breath
- Sore throat
- Headache
- New loss of taste or smell
- Chills/muscle aches/fatigue

## **Guidelines for Staff Members Returning to School**

- A staff member who tests positive for COVID-19 is required to isolate themselves for 10 days from the start of symptom development, or from the date the test was taken if asymptomatic.
- A staff member who is **a close contact of a positive person within the school setting** may not have to quarantine, as they are considered essential workers.
  - Strict adherence to the following guidelines are required in order for a staff member who is considered a close contact to return to work without quarantine:
    - The staff member must self-screen for COVID-19 symptoms prior to coming to work. A staff member MAY NOT come to work if they are experiencing ANY COVID-19 symptoms.

- ❑ The staff member must regularly monitor for symptoms of COVID-19. We ask that you check in with the school nurse each morning upon arrival.
  - ❑ The staff member must diligently wear their mask when in the work setting.
  - ❑ The staff member must diligently maintain social distancing (6 feet) from staff and students while in the work setting.
  - ❑ The staff member must be diligent about cleaning and disinfecting their work spaces throughout the work day.
- ❑ A staff member who is **a close contact of a positive person outside the school setting** must abide by the following guidelines offered by the CDC:
  - ❑ Abide by a 10-day quarantine period, may return to work on Day 11 under the following conditions:
    - ❑ Has been able to isolate away from the positive person for 10 days.
    - ❑ Have not experienced ANY COVID-19 symptoms for 10 days.
    - ❑ Has not been tested for COVID-19.
  - ❑ Abide by a 7-day quarantine period, may return to work on Day 8 under the following conditions:
    - ❑ Has been able to isolate away from the positive person for 7 days.
    - ❑ Have not experienced ANY COVID-19 symptoms for 7 days.
    - ❑ Has received a NEGATIVE COVID-19 test after being tested on Day 5, 6, or 7 of quarantine.
    - ❑ Continue to isolate from the positive person for the remainder of the positive person's isolation period.
  - ❑ These guidelines require strict adherence to masking, social distancing, and self-monitoring for COVID-19 symptoms for the full 14-day period.
- ❑ A staff member who develops symptoms of COVID-19 and is a close contact of someone who has tested positive for COVID-19 should:
  - ❑ Immediately self-isolate
  - ❑ Recommend staff member to be tested for COVID-19
  - ❑ Complete the necessary quarantine guidelines as described above.